



# Creative Parenting

## Sessions



@Taranna Community Centre

Share ideas to enhance the most important occupation on this earth. Being parents, coparents & grandparents, we are the minders of our future.

We will play with art materials, language, music, relaxation and laughter.

In a confidential group we can discuss our joys and our troubles that relate to parenting while we enjoy the play that we offer them.

Due to the federal government funding specific to families, we have free childcare and an opportunity to become more inspired by eachothers' stories.

1. KNOW YOUR CHILD THROUGH PLAY Friday October 16<sup>th</sup>
2. CREATIVE WAYS TO MANAGE BEHAVIOUR Monday October 26  
(Please note: Session one is a prerequisite to session two)

12.30 to 2.30pm

Fee \$5



Roslyn Alexander a parent and stepparent for 23 years and a creative arts teacher for 33 years, now teaches yoga and yogadance and relaxation to all ages 2-73! Roslyn paints for pleasure and gardens for health. She lives locally and swims regularly.

Please contact Roslyn through [www.livingyogatasmania.com](http://www.livingyogatasmania.com) for more information

Book early through the Tasman Community Centre 62 502 118

